



EMPLOYEE HEALTH SCREENING

Shawnee Mission School District

8200 W 71st Street, Overland Park KS, 66204

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Screening Dates

January 17th and 30th

1:00 pm - 6:30 pm

Tests Include: Total Cholesterol, HDL, LDL, Triglycerides, Glucose, Blood Pressure, Height, Weight, Waist Circumference and BMI.

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9 hour fast recommended. Black coffee and water permitted.

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TO SCHEDULE YOUR ONSITE APPOINTMENT:

- 1. Go to https://www.ehealthscreenings.com/signup.
- 2. If you have participated in a previous screening facilitated by eHealthScreenings, enter your username and password and click Submit. On the following screen under Step 1, enter the Screening Key: SHA03 and Click to Select.
- If you have not participated in a screening, under the NOT YET REGISTERED? box, enter the Screening key: SHA03
 and click Submit.
- 4. Enter your assigned default username and password and click Verify My Account. For your assigned default username and password use the following format:

USERNAME: First Initial + Last Initial + DOB (MMDDYYYY) (example: John Smith born 4/23/1975 is JS04231975) PASSWORD: Last Name + Last 4 SSN (example: John Smith with social 123456789 is Smith6789) *Username and Password are case sensitive

- 5. Update account information and click Submit.
- 6. If you would like to opt in for a text message reminder, select Yes, type in your cell number and click Submit. If you do not want the text message reminder, select No and click Submit.
- 7. Select the state where you would like to complete your onsite health screening.
- 8. Use the drop-down function to choose your desired location, date and time. Click Register.
- 9. Acknowledge the Health Screening Consent by checking the "I agree" box located at the bottom of the consent. Enter first & last name in the Signature section. Click Continue.
- 10. Once you have completed the sign-up process, a confirmation page will be generated for you to print for your records. You will also receive a confirmation email with the same information just after scheduling your appointment and 24 hours before your appointment time.

REMEMBER: Fasting for 9 hours before your appointment is recommended but not required. Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting.