



<p>AMERICAN GOVERNMENT ES3990 1/2 unit Enrollment Based Grade 12 <i>Prerequisite - None</i></p> <p>The required course in American Government is based upon students' previous learning to assist them in being informed and engaged citizens. Emphasis is placed on the rights, responsibilities, and privileges of citizenship. Students will examine the development and the fundamental principle incorporated into the United States Constitution; the organization of government at the federal, state, and local level; political parties and elections; comparative government; and foreign policy. <i>*Completion of this course will satisfy the American Government course graduation requirement.</i></p>	<p>FINANCIAL LITERACY ES6387 1/2 unit Enrollment Based Grades 10, 11, 12 <i>Prerequisite - None</i></p> <p>This course is a comprehensive study of personal financial literacy designed for all students and is aligned to the national standards for personal financial literacy. Students learn how to make informed financial decisions related to budgeting, banking, credit, insurance, taxes and career exploration. An integral component of the financial literacy curriculum is the application of decision-making skills that enable students to become more responsible consumers for lifetime success. <i>*Completion of this course will satisfy the financial literacy course graduation requirement.</i></p>
<p>ART HISTORY ES7615 1/2 unit Enrollment Based Grades 9, 10, 11, 12 <i>Prerequisite - None</i></p> <p>Introducing art within historical, social, geographical, political, and religious context for understanding art and architecture through the ages, this course offers high school students an in-depth overview of art throughout history, with lessons organized by chronological and historical order and world regions. <i>*Credit for art courses may be applied toward the minimum fine arts graduation requirement.</i></p>	<p>FITNESS FOR LIFE 1 ES8165 1/2 unit Enrollment Based Grades 9, 10, 11, 12 <i>Prerequisite - None</i></p> <p>Exploring fitness topics such as safe exercise, injury prevention, and stress management, this course equips students to assess individual fitness levels according to the five components of physical fitness: cardiovascular health, muscular strength, muscular endurance, flexibility, and body composition. Personal fitness assessments encourage students to design fitness programs to meet their individual fitness goals. <i>*Credit for this course may be applied toward the minimum physical education graduation requirement.</i></p>
<p>ELA 3 Semester 1 E11150 1/2 unit Enrollment Based Grade 11 Semester 2 E21150 1/2 unit <i>Prerequisite - ELA 2</i></p> <p>Students read closely and think critically about diverse themes in American history, using a variety of fiction and informational texts. Students will write analytically through a range of formal and informal writing, actively participate in oral discussions, apply appropriate language skills in writing and speaking, and develop research skills using teacher-directed and student-generated topics.</p>	<p>FITNESS FOR LIFE 2 ES8166 1/2 unit Enrollment Based Grades 9, 10, 11, 12 <i>Prerequisite - Fitness for Life 1</i></p> <p>This course provides students with more opportunities to explore and apply fitness topics such as safe exercise and injury prevention, nutrition and weight management, consumer product evaluation, impact of sports and exercise on fitness, leadership skills, and stress management. This course equips students to assess individual fitness levels and refine their fitness plans to meet their individual fitness goals. Students will incorporate activities into their fitness plan to support cardiovascular health, muscular strength; endurance, and flexibility. There is an emphasis on the importance of exercise and nutrition to promote life-long fitness. <i>*Credit for this course may be applied toward the minimum physical education graduation requirement.</i></p>
<p>ELA 4 Semester 1 E11160 1/2 unit Enrollment Based Grade 12 Semester 2 E21160 1/2 unit <i>Prerequisite - ELA 3</i></p> <p>Students read closely and think critically about diverse and relevant themes, using a variety of fiction and informational texts. Students will write analytically through a range of appropriate language skills in writing and speaking and refined research skills using teacher-directed and student-generated topics.</p>	<p>HEALTH EDUCATION ES9220 1/2 unit Enrollment Based Grades 9, 10, 11, 12 <i>Prerequisite - None</i></p> <p>The Health Education course curriculum will include content in the areas of mental health, human growth and development, addictions, fitness for life, disease prevention, nutrition, personal relationships, and abstinence-based human sexuality. <i>*Completion of this class will satisfy the health course graduation requirement.</i></p>

**eSchool courses do not meet NCAA eligibility requirements and are not repeatable for credit.*

PSYCHOLOGY 1 ES3340 1/2 unit Enrollment Based Grades 10, 11, 12 <i>Prerequisite - None</i> This course is an introduction to psychology; the theory, history, and terminology important to a basic understanding of behavior. Students will explore psychological perspectives, the subfields of psychology and the research methods used by psychologists to explore human behavior and mental processes. Emphasis is placed on life span development, biological basis of behavior, learning and states of consciousness.	US HISTORY Semester 1 E13160 1/2 unit Semester 2 E23160 1/2 unit <i>Prerequisite - None</i> The high school course of study begins with a review of the major ideas, issues, and events of the late 19th century including imperialism, industrialization, and immigration. Students will then concentrate on the critical events, people, groups and ideas, and issues of the period from 1900 to the present.
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Course Information

- eSchool courses require 60-65 hours to complete except Fitness for Life. Courses are self-paced and SMSD recognizes students may have other obligations during the window of time. As long as the course is completed by the deadline there will be no mandatory login dates/times.
- Fitness for Life 1 and Fitness for Life 2 require pre and post testing in flexibility, strength and cardio. Pretests should be completed within the first seven days of the course. The fall courses require 20-25 hours of online coursework and a minimum of 48 hours of fitness total. The hours will need to be *logged weekly*. Fitness courses cannot be taken during the same eSchool semester.
- Health Education contains a hands-on only CPR component that will need to be demonstrated in-person.
- ELA 3, ELA 4 and US History courses may be taken for semester 1 or semester 2 credit (1/2 unit each). Semester 1 course must be taken before Semester 2 course. Both courses may only be taken during the same eSchool semester with eSchool administrative approval.
- eSchool courses do not meet NCAA eligibility requirements and courses are not repeatable for credit.

eSchool Enrollment and Tuition Information

- Enrollment for the fall 2022 semester will begin August 15, 2022.
- Students should enroll at their home high school in the counseling office.
- The deadline to enroll is September 8, 2022.
- SMSD students only - \$180.00 per course.
- Full payment is required at the time of enrollment with online fee payment (eFunds charges a \$3.00 convenience fee) or with the school bookkeeper. Payment not received within 48 hours of enrollment will remove the student from the course. *Partial payments and payment plans are not accepted.*

Technology Requirements

SMSD students who enroll in fall eSchool courses will use their SMSD MacBook device.

Orientation/Testing Information

- Fall 2022 eSchool orientation meetings will be held on the dates below. Attendance at one of these meetings is mandatory. Fitness for Life students will be contacted regarding pretesting. Those who do not complete the pretest will be withdrawn from the course.
 - August 30, 2022, 3:30-4:30 p.m. @ SM North Auditorium
 - Fitness for Life 1 and Fitness for Life 2 pretests, 4:30 p.m. @ SM North
 - September 8, 2022, 6:00-7:00 p.m. @ SM North Auditorium
 - Fitness for Life 1 and Fitness for Life 2 pretests, 5:15 p.m. @ SM North
- Students will be required to take the final exam for the course in a supervised testing environment. Options are below. Fitness for Life 1 and Fitness for Life 2 post tests will be supervised by the course instructor.
 - December 6, 2022, 3:30-6:00 p.m. @ SM North Cafeteria
 - Or by appointment with an eSchool administrator

Grades

Students may check their grades in Edgenuity at any time in the "Progress Report" area. Progress Reports will also be sent home to email addresses listed in the student's Edgenuity account.