



SHAWNEE MISSION SCHOOL DISTRICT

Middle School Menu 2021-22



as of 11/3/21

BREAKFAST MENU (repeats weekly)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Choice of: Mini Pancakes Banana Bread Cereal & Grahams Breakfast Minis ^	Choice of: Breakfast Pizza Pop Tart & Grahams Cereal & Grahams Yogurt Parfait & Grahams ^ Breakfast Minis ^	Choice of: Breakfast Bun Banana Bread Cereal & Grahams Breakfast Minis ^	Choice of: Cheese Omelet and Grahams ^ Pop Tart & Grahams Cereal & Grahams Yogurt Parfait & Grahams ^ Breakfast Minis ^	Choice of: Breakfast Bun Banana Bread Cereal & Grahams Breakfast Minis ^
	Served with: Fruit, 100% Juice, & Milk	Served with: Fruit, 100% Juice, & Milk	Served with: Fruit, 100% Juice, & Milk	Served with: Fruit, 100% Juice, & Milk	Served with: Fruit, 100% Juice, & Milk

LUNCH MENU

Week 1:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Choice of: 11/8/2021 Sweet & Sour Chicken with Rice 12/6/2021 Chicken Sandwich 12/20/2021 Pizza Hut Pizza 1/3/2022 Yogurt Parfait with Granola ^ 1/17/2022 PBJ Sandwich 1/31/2022 Sun Butter & Pretzels 2/14/2022 2/28/2022 Served with: 3/28/2022 Seasoned Fries 4/11/2022 Steamed Broccoli 4/25/2022 Fresh Baby Carrots 5/9/2022 Chilled Applesauce 5/23/2022 Fresh Orange Wedges 100% Juice Milk	Choice of: Chicken & Waffles Cheeseburger Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Tater Tots Green Leaf Lettuce Fresh Celery Chilled Mandarin Oranges Fruit Cocktail 100% Juice Milk	Choice of: BBQ Pork Sandwich Chicken Sandwich Pizza Hut Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Oven Potatoes Fresh Baby Carrots Baked Beans ^^ Chilled Peaches Cinnamon Apples 100% Juice Milk	Choice of: Spicy Popcorn Chicken / Popcorn Chicken Cheeseburger Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Scalloped Potatoes * Green Beans Fresh Cauliflower Cookie ^ Fresh Fruit Frozen Fruit Cup 100% Juice Milk	Choice of: Meatball Sandwich Spicy Chicken Sandwich Pizza Hut Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Potato Smiles Fresh Broccoli Fresh Baby Carrots Chilled Pears Fresh Apple Slices 100% Juice Milk
Week 2:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Choice of: 11/15/2021 Mandarin Orange Chicken with Rice 11/29/2021 Chicken Sandwich 12/13/2021 Pizza Hut Pizza 1/10/2022 Yogurt Parfait with Granola ^ 1/24/2022 PBJ Sandwich 2/7/2022 Sun Butter & Pretzels 2/21/2022 3/7/2022 Served with: 3/21/2022 Seasoned Fries 4/4/2022 Stir Fry Vegetables 4/18/2022 Fresh Baby Carrots 5/2/2022 Chilled Applesauce 5/16/2022 Fresh Orange Wedges 100% Juice Milk	Choice of: French Toast Sticks with Sausage Cheeseburger Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Tater Tots Green Leaf Lettuce Fresh Celery Chilled Mandarin Oranges Fruit Cocktail 100% Juice Milk	Choice of: Mini Corn Dogs Spicy Chicken Sandwich Pizza Hut Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Oven Potatoes Fresh Baby Carrots Fiesta Black Beans ^^ Chilled Peaches Cinnamon Apples 100% Juice Milk	Choice of: Chicken Nuggets Cheeseburger Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Mashed Potatoes with Country Gravy * Corn Fresh Cauliflower Cookie ^ Fresh Fruit Frozen Fruit Cup 100% Juice Milk	Choice of: Walking Taco ^ Fish Sandwich Pizza Hut Pizza Yogurt Parfait with Granola ^ PBJ Sandwich Sun Butter & Pretzels Served with: Potato Smiles Fresh Broccoli Fresh Baby Carrots Chilled Pears Fresh Apple Slices 100% Juice Milk

^ Item may be substituted due to availability from our food distributors.

*These items are only available with school meal and cannot be purchased a la carte.

Menu is subject to change due to availability.

This institution is an equal opportunity employer.



	Meal Prices:	
	Breakfast	Lunch
Student	\$0.00	\$0.00
Adult	\$2.35	\$3.95
Visitor	\$2.55	\$4.30
Free meals offered to all students during the 2021-22 school year. Additional a la carte purchases require money to be on the student's food service account.		



Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include **protein**, **grain**, **fruit**, **vegetable**, and **milk**.

Individual items may be purchased at the a la carte price. For more info visit <https://www.smsd.org>