



# SHAWNEE MISSION SCHOOL DISTRICT

## HORIZONS HIGH SCHOOL Breakfast & Lunch Menus 2020-21 - 2nd Semester

### BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Repeats Weekly	Mini Pancakes Cereal with Grahams	Choice of: Breakfast Pizza Cereal with Grahams	Choice of: Breakfast Bun ^ Cereal with Grahams	Choice of: Breakfast Pizza Cereal with Grahams	Banana Bread Cereal with Grahams
	All breakfast entrees served with: Fruit, 100% Juice and Milk				

### LUNCH MENU

SERVED WEEK OF	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/5/2022 1/17/2022 1/31/2022 2/14/2022 2/28/2022 3/28/2022 4/11/2022 4/25/2022 5/9/2022 5/23/2022	Choice of: French Toast Sticks & Sausage Chicken Sandwich PBJ Sandwich Served with: Oven Potatoes Cinnamon Apples Fresh Baby Carrots Fresh Celery Chilled Peaches	Choice of: Pizza Cheeseburger PBJ Sandwich Served with: Tater Tots Baked Beans * Fresh Broccoli Chilled Pears Fresh Grapes	Choice of: Chicken Nuggets Spicy Chicken Sandwich PBJ Sandwich Served with: Mashed Potato & Country Gravy * Fresh Baby Carrots Mandarin Oranges Applesauce Cinnamon Roll *	Choice of: Sweet & Sour Chicken with Rice Cheeseburger PBJ Sandwich Served with: Potato Smiles Roasted Vegetables Fresh Baby Carrots Chilled Pineapple Frozen Fruit Cup	Choice of: Mozzarella Sticks Chicken Sandwich PBJ Sandwich Served with: Seasoned Fries Fresh Baby Carrots Chilled Peaches Fresh Fruit
SERVED WEEK OF	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/10/2022 1/24/2022 2/7/2022 2/21/2022 3/7/2022 3/21/2022 4/4/2022 4/18/2022 5/2/2022 5/16/2022	Choice of: Chicken & Waffles Chicken Sandwich PBJ Sandwich Served with: Tater Tots Fresh Broccoli Fresh Baby Carrots Chilled Peaches Mixed Berries	Choice of: Macaroni & Cheese / Garlic Toast Cheeseburger PBJ Sandwich Served with: Potato Smiles Fresh Baby Carrots Fresh Orange Wedges Chilled Pears Chocolate Cake *	Choice of: Pizza Spicy Chicken Sandwich PBJ Sandwich Served with: Seasoned Fries Fresh Cucumbers Fresh Baby Carrots Fresh Fruit Mandarin Oranges	Choice of: BBQ Rib Sandwich 🍷 Cheeseburger PBJ Sandwich Served with: Seasoned Fries Corn Fresh Baby Carrots Fresh Apple Slices Chilled Peaches	Choice of: Walking Taco ^ Chicken Sandwich PBJ Sandwich Served with: Tater Tots Black Beans * Fresh Celery Chilled Pineapple



For more info visit  
<https://www.smsd.org>

Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include **protein**, **grain**, **fruit**, **vegetable**, and **milk**.

**FREE meals offered to all students during the 2021-22 school year. Additional a la carte purchases require money to be on the student's food service account.**

**Menu is subject to change due to availability. This institution is an equal opportunity provider.**

#### Meal Prices:

	Breakfast	Lunch
Student	\$0.00	\$0.00
Adult	\$2.35	\$3.95
Visitor	\$2.55	\$4.30



^ Item may be substituted due to availability from our food distributors.

School Lunch FAQs:

- All grains are whole grain rich
- Fruit and vegetable available daily
- Chilled fruit is packed in own juice
- Milk and 100% Juice offered with all meals

\*These items are only available with a school meal and cannot be purchased a la carte.

as of 12/20/2021