

## Creative Movement

Presented by Parents as Teachers



Best for ages: 2 – 3 years Class size: 10 families Date: Saturday, November 7, 2020 Time: 3:30 – 4:30 pm Where: Franklin Park • Roe Ave. & Somerset Drive Teacher: Jennifer Wonderly

There is a perfect section of Franklin Park just west of the playground equipment. Bring a towel, blanket or yoga mat and we will get creative with movement in the open space.

**PARENTS:** Please bring a mask. There are so many wonderful benefits when we are playful with our children, the **BEST** ONE...we make connections! By mastering the art of creative movement you help your child gain coordination and balance. It encourages creativity in physical ways and helps children develop much needed body control.

Benefits of Creative Movement: Body awareness ● Spatial awareness ● Selfconfidence ● Balance ● Coordination Please register at <u>smpat@smsd.org</u>



If you or your child has a fever, has come in direct contact with someone that has been diagnosed with COVID-19, or you have been out of the country within the last 14 days...there will be another event soon for you!