

Empower Your Child

Thursday, March 11, 2021

6:30 to 8:30 pm

What is Self-Regulation?

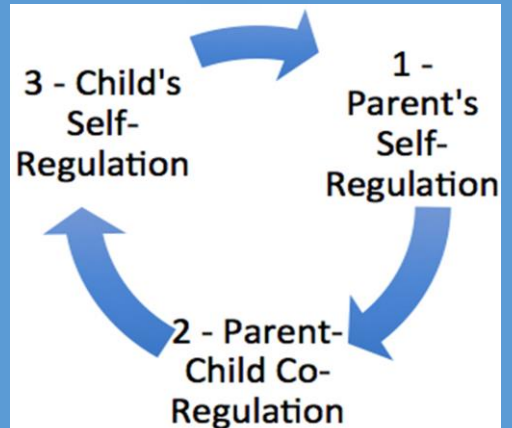
“A person’s ability to manage attention and emotions well enough to complete tasks, organize behavior, control impulses, and solve problems constructively”

In this class you will learn the following:

- ➡ Reduce your child’s tantrums
- ➡ Help your child be at their best to learn, and
- ➡ Increase independent play and social emotional independence.



Parents as Teachers™
Affiliate



Virtual Class

Questions: 913-993-2610 or
email us @ smpat@smsd.org



Lori Arndt has her Master Degree in Early Childhood Special Education. Lori has worked for Infant Toddler Services for the past 22 years focusing on child behaviors.