

Shawnee Mission  
Parents as Teachers presents...

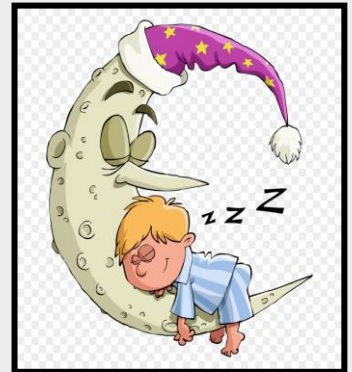
Self-  
calming

# Sleep Behavior Class

Your babies need a good night's rest.  
See how this can happen. Learn  
these skills and many more:

Maintaining  
your child's  
sleep

Bedtime  
routines



Thursday, February 25, 2021  
6:30 - 8:30 pm.

Question & Answer Session at the end



Lori Arndt has her Master Degree in Early Childhood Special Education. Lori has worked for Infant Toddler Services for the past 21 years focusing on child behaviors. Lori will present a short presentation on sleep needs and patterns of infants and toddlers. We will open up for a question and answer period, hoping to find solutions to your child's sleep problems.

To register for the virtual Sleep Behavior Class, contact us at [smpat@smsd.org](mailto:smpat@smsd.org). Give us your name, your child's name along with the email address you want to use for zoom access. Registration will close on 02/24/2021.

Please call 913-993-2610 for any questions.

