



Conscious Discipline

Parent Education FREE Family Event!



We believe that all people—including young children—learn more, produce more, show more compassion, and feel better about themselves when they are in an environment that is caring, connected and safe. Conscious Discipline is a research-backed, evidence based program that is based on safety, connection, and problem-solving. It is an effective tool for both parents and teachers to use with children of all ages.

We are offering a series of five parent classes to families in our SMSD Early Childhood programs.
A light dinner and childcare will be provided while you attend class.

Thursday, September 19:

What is Conscious Discipline and
how to keep our cool when our buttons are pushed

Thursday, September 26:

Saying what we mean, and meaning what we say

Thursday, October 3:

Setting firm limits with empathy

Thursday, October 10:

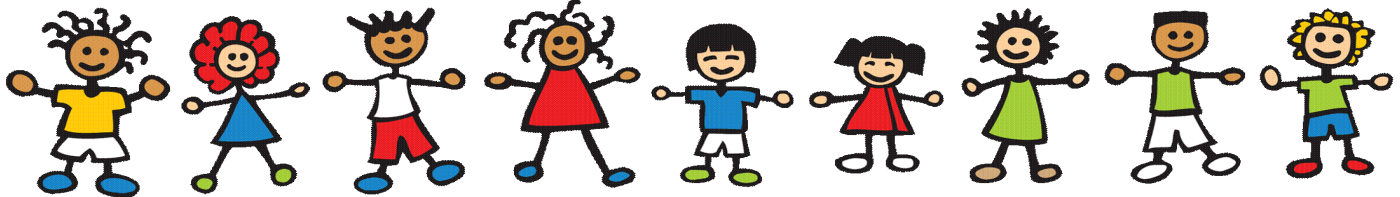
Seeing the best in our kids...and ourselves

Thursday, October 17:

Problem solving

5:30-7:30pm

**Please RSVP to Chris Judd at
christinejudd@smsd.org or 913-993-2610.**



Classes will be facilitated by Deb Bowman and Holly Hanover, Early Childhood Mental Health Consultants with The Family Conservancy. Deb and Holly work with several early childhood centers in the Kansas City area, supporting teachers in understanding and responding to children's behaviors. Together, they have over twenty years experience in early childhood education, parenting, and training.